

RECOMMENDATIONS

Helion Nutraceuticals recommends (for adults):
1 to 6 capsules daily, in divided doses.



Two vegetable capsules contain:

Adrenal cortex (bovine)	100 mg
Whole Adrenal (bovine)	150 mg
Rhodiola rosea (3% salidroside)	150 mg
Panax ginseng (30% ginsenosides)	200 mg
Eleutherococcus senticosus (0.8% eleutherosides)	200 mg
Ashwagandha 5%	150 mg
Licorice Extract (root) (20% glycyrrhic acid)	100 mg



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*This is a statement of nutritional support. This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. For educational purposes only. Consult your physician for any health problems.

ADREMEND™

Adrenal
Glandular
Support
Formula

FEATURES INCLUDE

Adrenal cortex & whole adrenal extracts:

Naturally occurring adrenal hormones in these extracts (epinephrine, norepinephrine, corticosteroids) can help promote healthy adrenal function. This combination of whole adrenal and adrenal cortex nutritionally supports the proper functioning of the adrenal glands. Adrenal extracts are most often used to reduce fatigue, moderate stress, and enhance resistance.*

Rhodiola rosea:

Rhodiola rosea is a popular plant in traditional medical systems in Eastern Europe and Asia with a reputation for stimulating the nervous system, decreasing depression, enhancing work performance, eliminating fatigue, and preventing high altitude sickness. Rhodiola rosea has been categorized as an adaptogen by Russian researchers due to its observed ability to increase resistance to a variety of chemical, biological, and physical stressors. Its claimed benefits include antidepressant, anticancer, cardio-protective, and central nervous system enhancement.*

Panax ginseng:

Ginseng (Panax ginseng) has been used for thousands of years in Traditional Chinese Medicine. Originally cultivated for its roots, Korean Ginseng was used as a tonic to rejuvenate and restore a variety of functions. As an adaptogen, ginseng is thought to support the body's response to stress and fatigue.*

Eleutherococcus senticosus:

Siberian Ginseng has been used for centuries as an adaptogen, stimulating the immune system and normalizing reaction to stressful conditions. Eleuthertococcus has been used for centuries as a panacea in the traditional medicine of Russia, to maintain and stimulate the function of the body's various systems, including its immunological defenses. As an adaptogen, Eleutherococcus is thought to increase the body's resistance to biological and chemical stresses, and thus stimulate a person's general vitality, both physical and emotional. Russian studies have shown that extracts of Eleutherococcus have generally positive results on work output and athletic performance.*

Ashwagandha:

Sometimes called "Indian Ginseng" ashwagandha - Latin name, *Withania somnifera* - has been used in a number of forms to treat a huge variety of physical maladies. Ahwagandha works as an adaptogen, promoting the body's ability to maintain homeostasis and resist stress, which prevents or minimizes imbalances that may lead to health problems, whether from poor diet, lack of sleep, mental stress. Ashwagandha helps the body to tackle various types of stress. Ashwagandha is a revitalizing herb that maintains proper nourishment of the tissues.*

Licorice Root Extract:

Licorice root has been utilized by many cultures throughout the world for centuries because of its effectiveness as an overall body tonic. Its active principle is glycyrrhizin which is known to inhibit the enzyme 11 β -hydroxysteroid dehydrogenase and subsequently can increase the activity of cortisol. It has been found to have a very beneficial and nourishing effect on the adrenal glands.*