

## FEATURES CONTINUED

### Wheat, Alfalfa, & Barley Grass:

Mildly cleansing and the greatest sources of nutrition of any grasses. Grain grasses are more potent than the grains themselves, offering us a rich array of vitamins, minerals and chlorophyll. Barley grass is derived from young barley plants, which have a strong resistance to disease and fungus. Barley greens are also a superior source of chlorophyll, the nutrient-rich by-product of photosynthesis which makes plants green and is chemically similar to human blood. These grasses provide thirty times more vitamin B1 and calcium than milk, seven times more vitamin C than oranges, and nearly five times the iron of spinach.\*

### Kelp & Purple Dulse Seaweed:

The richest source of assimilable minerals on the planet. They contain all the minerals and trace minerals found in the oceans and earth's crust. Plants from the sea offer vast amount of nutrients not available to most people who consume only land-based plants.\*

### Bee Pollen:

An excellent nutritional supplement for enhancing immunity and for providing energy. It contains up to 35 percent complete protein, as well as 22 amino acids, an especially rich storehouse of B vitamins, 27 minerals, trace elements and several enzymes.\*

### Beet Root & Spinach:

Some of the richest, most assimilable sources of organic iron. Beets, being a root vegetable and growing underground, change inorganic raw elements into plant minerals that are useful to humans. Spinach is a rich source of calcium, iron and vitamin K. Both of these plants are famous for their blood building ability.\*

## USES

- Alkalize body pH\*
- Increase energy, stamina\*
- Support detoxification enzymes of the liver \*
- Increase mental clarity and concentration\*
- Stabilize mood swings and sense of well-being\*
- Balance blood sugar levels\*
- Control appetite\*
- Promote growth of stronger nails and hair\*
- Strengthen and balance the immune systems\*
- Purify and nourish the blood\*
- Handle stress by supporting adrenal glands\*
- Reduce muscular recovery-time\*
- Detoxify and neutralize harmful bowel acids\*
- Additional properties too numerous to list!\*

## RECOMMENDATIONS

Helion Nutraceuticals recommends (for adults): 3 to 10 capsules with food daily, in divided doses.



**Vcaps™**



\*This is a statement of nutritional support. This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. For educational purposes only. Consult your physician for any health problems.

# FOOD OF LIFE™

Organic  
Whole  
Food  
Formula

Food of Life contains the richest sources of concentrated plant nutrients that exist. Food of Life is nearly 100% pure assimilable plant minerals by volume. It contains all the major minerals from calcium to zinc, and over 100 trace micro-minerals like boron, chromium, cobalt, copper, germanium, manganese, molybdenum, nickel, selenium, silicon, silver, sulfur, vanadium, and many more.\*

Food of Life contains the highest quality ingredients on the planet. Many other products use large amounts of inexpensive ingredients such as lecithin, apple fiber and flax seed meal. While these compounds do provide some benefit, they are not nearly as beneficial as nutrient-dense rich whole foods such as algae, grasses, and sea vegetation. Filler ingredients significantly reduce the manufacturer's production cost, and are used to boast the ingredient list. In observation of competing brands, the aforementioned ingredients typically compose over 50% of the product by weight. Food of Life contains 100% highly concentrated, absorbable super foods with no filler ingredients.\*

Food of Life is designed to provide the highest quality plant nutrition that can, and should be enjoyed by everyone. Food of Life is also free from any herbs. Many other plant-based food products contain ingredients that are not for everyone, such as herbs, and should be avoided by some individuals with certain disharmonies. Food of Life was designed to be taken by everyone with no contra-indications regardless of age or health status.\*

## FEATURES INCLUDE

### Chlorella:

Green algae that is an extremely concentrated source of nutrition. The cell wall has been cracked to make the nutrients more available and increase its digestibility. This is a single cell plant that gets its name from the amount of chlorophyll it contains. The high amounts of RNA & DNA in chlorella help repair damaged liver, colon, and other tissue, and combat viral illnesses. It is a powerful stimulator of tissue repair. It promotes the production of interferon, macrophages, and T-cells, which strengthen the immune system. It stimulates the production of red blood cells. It contains large amounts of chlorophyllase and pepsin, which are digestive enzymes. It is high in dietary fiber that binds with heavy metals such as mercury, cadmium, and lead, and pulls them out of the body. It has been used to detoxify those suffering from synthetic organic chemical toxicity. It is alkaline, and helps restore the body's pH balance. It contains the entire B-complex, vitamin E, C, magnesium, zinc, folic acid, calcium, and potassium. Chlorella contains a wide array of free-form amino acids, and is 60% protein in an easy-to-assimilate form.\*

### Spirulina:

One of the most concentrated, nutritious foods on this planet. It is the highest natural source of complete protein. We use only organically-grown Spirulina. High amounts of sunshine make spirulina higher in beta carotene than any other plant. It is also a rich source of B-vitamins, especially B-12. Grown using water pumped from 2000 feet deep in the ocean, spirulina is one of the richest sources of minerals, also. One of the oldest types of algae, it has a soft cell wall for easy digestion and assimilation. Spirulina contains 60% protein and 18 amino acids. It has all 8 of the essential amino acids, and thus is considered to be a complete protein. These amino acids are vital nutrients to the human body and are necessary to sustain life, in contrast to animal sources of protein. It is an alkaline food, and consuming it can help reverse the damage of many bad aspects of the typical American diet. It is grown in Hawaii, in an area free from contamination and rich in minerals. Spirulina contains 92 trace minerals. It is high in vitamins, chlorophyll, phycocyanin, carotenoids, superoxide dismutase, RNA, DNA, beta carotene, and sulfolipids. Spirulina contains over 100 synergistic nutrients, and is nature's richest source of nutrition.\*