

RECOMMENDATIONS

Helion Nutraceuticals recommends (for adults): 1 capsule, 3 times a day, 30 to 60 minutes before meals.



Three vegetable capsules contain:

Alpha Lipoic Acid	200 mg
Chromium polynicotinate	1000 mcg
Fenugreek Extract (4:1)	750 mg
Bitter Melon Extract (4:1)	500 mg
Vanadyl Sulfate	10 mg
Biotin	20 mg
Thiamine	100 mg
Amylase	8000 SKB



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*This is a statement of nutritional support. This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. For educational purposes only. Consult your physician for any health problems.

GLUCOFORTE™

Blood
Sugar
Support
Formula

FEATURES INCLUDE

Alpha Lipoic Acid:

Exceptionally versatile nutrient. Being both water and fat soluble, it is able to function in almost any part of the body. It is a potent antioxidant which enhances the activity of vitamins C and E, and is a multifunctional compound providing protection from free radicals and supporting various metabolic processes. ALA supports healthy glucose uptake and helps to maintain healthy glucose utilization.*

Chromium polynicotinate:

Inhibits the synthesis of new fat from carbohydrates by facilitating glucose into the mitochondria to burn previously stored fat. This mineral/vitamin also is important for enzyme activation and acts as Glucose Tolerance Factor (GTF) activity, helping to maintain healthy glucose metabolism and supporting body composition.*

Fenugreek Extract:

(Trigonella foenum-graecum) Studies suggest that fenugreek seeds help promote healthy glycemic control, lipid metabolism, and triglyceride levels. Contains Galactomannan, a specific type of soluble fiber that helps to maintain healthy glucose metabolism and promote satiety.*

Bitter Melon:

(Momordica charantia) Rich in iron, and has twice the beta carotene of broccoli, twice the calcium of spinach, twice the potassium of bananas, and contain Vitamins A, C, B1 to B3, Phosphorus and good dietary fiber. As for its medicinal value, at least three different constituents in Bitter Melon have been reported to have hypoglycemic (blood sugar lowering) or other actions of potential benefit in treating diabetes mellitus. It has been proven to increase the number of beta cells (those which produce insulin) in the pancreas.*

Vanadium:

Thought to play a role in metabolism of carbohydrates and may have functions in cholesterol and blood lipid metabolism. Through this insulin-mimetic effect, vanadium is thought to promote glycogen synthesis, maintain blood glucose levels and stimulate muscle anabolism. Vanadium supplements have been shown to normalize blood glucose levels and reduce glycosylated hemoglobin levels in patients with non-insulin dependent diabetes mellitus (NIDDM).*

Amylase:

Enzyme that digests carbohydrates (polysaccharides) into smaller disaccharide units, eventually converting them into monosaccharides such as glucose.*